

Infant Room Training - Safe Sleep, Shaken Baby Syndrome & SIDS

Name: _____

Date: _____

Shaken Baby Syndrome

1. What is shaken baby syndrome?

2. What are three things shaken baby syndrome can cause?
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3. What are things we can do to calm a baby down when they are crying?

4. What are things we can do when we become frustrated when working with children?

Sudden Infant Death Syndrome

1. What is SIDS?

2. What can we do to prevent SIDS?

3. Which babies are at higher risk to suffer from SIDS?

Safe Sleep

1. What is safe sleep?
2. What are the ABCs of safe sleep?
 - A-
 - B-
 - C-
3. What can be in the crib while the baby is sleeping?
4. Why is it important that we follow the guidelines for safe sleep?